

Vi Skäl Danse Labadu

(Sweden)

This dance was introduced at Scandia Camp Mendocino in 1997 by Helen and Stig Eriksson. They used these figures, but mentioned that one can choose other holdings as suitable.

Pronunciation:

Music:

2/4 meter

Formation: Circle of dancers facing ctr, hands joined in W-pos.

Steps: Side close, side close without taking wt on the close.

Meas

Pattern

Beg by stepping on L to L and traveling CW one time through the song. On the last "du" (close), do not take wt. Repeat each fig travelling CCW beg with R ft. Change hold/figure after it has been danced to each side.

Holds:

1. Hands joined in W-pos.
2. Arms on shldr.
3. Belt hold or hold onto neighbor's waist.
4. Hold onto neighbor's knees on both sides.
5. Hold onto neighbor's ankles on both sides.

Song words:

Vi skal danse labadu, labadu, labadu,
Vi skal danse labadu, laba, laba, du.
Repeat.

English:

We are going to dance labadu, or
We will dance labadu.

Presented by Roo Lester